

# 1,716,000,000 Pounds of Flour Saved

If each of our 22,000,000 families use this recipe instead of white bread.

One loaf saves 11,000,000 pounds; three loaves a week for a year means 1,716,000,000 pounds saved!

## Enough to Feed the Entire Allied Army

### Corn Bread with Rye Flour

1 cup corn meal  
1 cup rye flour  
2 tablespoons sugar  
5 teaspoons Dr. Price's Baking Powder

1 teaspoon salt  
1 cup milk  
1 egg  
2 tablespoons shortening

Barley flour or oat flour may be used instead of rye flour with equally good results. Sift dry ingredients into bowl; add milk, beaten egg and melted shortening. Stir well. Put into greased pan, allow to stand in warm place 26 to 25 minutes and bake in moderate oven 40 to 45 minutes.

New Red, White and Blue booklet, "Best War Time Recipes," containing many other recipes for making delicious and wholesome wheat saving foods, mailed free.

DR. PRICE'S CREAM BAKING POWDER, 1011 Independence Boulevard, Chicago

## FOOD WILL WIN THE WAR

### 45,000 MEN WILL COMPOSE THE UNITED STATES GUARDS

Those Who are Found Unfit for General Military Service Will Make Up the Organization.

It is announced from Washington that the War Department has placed in the disposal of Maj. Gen. Jesse M. Carter, chief of the military service, 12,000 drafted men who after training with the National Guard or National Army divisions have been disqualified physically for general military service.

It is intended to recruit 25 battalions of four companies each, a total of 15,000 men. When the project was first approved some weeks ago twelve companies were organized and are now in the service. Voluntary enlistments will be accepted to a limited degree through the regular Army recruiting offices, but men who have had prior military service and who produce the best discharge will be eligible.

The 25 battalions will be distributed among the military departments as follows:

Northeastern department, 12; eastern department, 9; southeastern department, 2; central department, 2; mountain department, 4; western department, 4.

There will be required in all 750 officers and these will be commissioned on recommendation by General Carter, who will have his action as the result of examinations conducted by boards convened by department commanders.

The services of the organization will be utilized to release an equal number of Federal troops now engaged in guard duty at munitions plants and depots. The men released will not be used on the battlefields of Europe for the present, officials of the War Department say.

The United States Guards will be armed with the Russian rifles and cartridge and will carry the old model of infantry equipment.

### MOSCHEE'S GERMAN SYRUP

Call quiet your cough, soothe the inflammation of a sore throat and stop irritation in the area of the tubes insuring a good night's sleep from coughing and with easy respiration in the morning. Made and sold in America for fifty years. A wonderful prescription of aастistic nature in building up the general health and throwing off disease. Especially useful in lung diseases, asthma, croup, bronchitis, etc. For sale by Corner Drug Store and 10 cent bottles.

(adv)

Now Therefore, L. R. L. Williams, the Governor of the State of Oklahoma, do hereby proclaim the week May 29th to May 27th as Red Cross Week in the State of Oklahoma. I ask that each person, rich and poor, old and young, make it his or her first duty to give as much as possible to the fund and the second duty to help carry the message of the Red Cross to neighbors and friends.

I ask that the Red Cross have first call on the attention, time, and energy of every citizen during this week.

Dates at the State House, this, the 13th day of May, 1918.

R. L. WILLIAMS,  
The Governor of the State  
of Oklahoma

J. L. LYON,  
Secretary of State

### FOUR SOLDIER "SAINTS"

The "Saints" be pleased! for the saints may preserve us! after all At the Marine Barracks, Marine Corps, Fort Riley, five men with saintly names for commandants are bearing arms and keeping the good touch while the Kaiser is wrong. These men are Arthur G. S. James, of Denver; Edward L. Jones, of Cheyenne, Wyo.; and John C. Scott, of Seattle, Wash.; Henry F. St. Peter, of Kansas City, Mo., and Arthur E. St. John, of St. Louis. These men are considered a lucky bunch in the Marine Corps, and their names do not want us to forget to place your orders for uniforms for them to make the most of it. Your local place takes orders from me. Here the new name still stands. Four soldiers. These four, Marine Barracks, Fort Riley, Fort Scott, Wash., Idaho Falls, Wood River, Shoshone, Arco, Corn Smaller, Idaho Falls, and Pocatello, Idaho. William Mc. Ghee, Texarkana, Ark. (adv)

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## An Iceless Refrigerator

HOMEMADE DEVICE KEEPS FOOD WITHOUT ICE.—Evaporation of Water From Cloth Cover Keeps Temperature at 50 Degrees Under Ideal Conditions.

When ice is not obtainable an iceless refrigerator, homemade, will be very useful food keeper and food user this summer. Maintaining a low temperature through the evaporation of water from its canvas cover, the iceless refrigerator will keep meats, fruits and vegetables cool and will extend the period for eating butter and milk. It can also serve as a cooler for drinking water.

In homes where large quantities of milk and butter are kept it would be well to have one refrigerator for milk and butter and another for other foods, as milk and butter readily absorb odors from other foods. It cost very little to build the refrigerator and nothing to operate it. The operation is as simple as the construction. The upper pan should be kept filled with water. The water is drawn by capillary attraction through the wicks and saturates the cover. As evaporation takes place it is taken from the inside of the refrigerator, thereby lowering the temperature of the inside and the contents. Capillary attraction starts more readily if the cover is first dampened by dipping it in water or throwing water upon it. The greater the rate of evaporation the lower the temperature which can be secured; therefore, the refrigerator works best when rapid evaporation takes place.

When the refrigerator is placed in a shady place in a strong breeze and the air warm and dry, the evaporation takes place continuously and rapidly and the temperature inside the refrigerator is reduced. Under ideal conditions the temperature has been known to be reduced to 30 degrees Fahrenheit. When it is damp and the air is full of moisture, the refrigerator will not work as well, on account of there not being enough evaporation. More water will find its way to the lower pan, but it will be drawn up into the cover by capillary attraction when the air again becomes drier.

The refrigerator should be regularly cleaned and painted. If the framework, shelves, and pans are white chamlined they can be more easily kept in a sanitary condition. It is well to have two covers, so that a fresh one can be used each week and the soiled one washed and given a good sun bath.

### How to Make an Iceless Refrigerator

A wooden frame is made with dimensions 42 by 16 by 14 inches and covered with screen wire, preferably the rustless type, which costs little more than the ordinary kind. The door is made to fit closely and is mounted on brass hinges, and can be fastened with a wooden latch. The bottom is fitted solid, but the top is covered with screen wire. Adjustable shelves can be made with solid wood or strips, or sheets of galvanized metal. Shelves made of polished metal on light wooden frames are probably the most desirable. These shelves rest on brass placed at desired intervals. A broad baking pan, 14 by 16 inches is placed on the top and the frame rests in a 17 by 18 inch pan.

All the woodwork, the shelves and the pans should receive two coats of white paint and one or two coats of white chamlined. This makes a very attractive surface and one that can easily be kept clean. The screen wire may also receive the coats of chamlined, which will prevent it from rusting.

A cover of cotton flannel, burlap or duck, is made to fit the frame but the smooth side out if cotton flannel is used. It will require about three yards of material. This cover is buttoned around the top of the frame and down the side on which the door is not hinged, using heavy hooks and eyes or large headed tacks and circles worked in the material. On the front side underneath the door case the top of the door instead of the glass, and also fasten the cover down the latch side of the door, either to inside hem of the material or overlap the place where the door closes. The door can then be opened without disturbing the cover. The bottom of the cover should extend down into the lower pan. Four diagonal pins which taper to 10 or 12 inches in width are sewed to the inner part of the cover. These pins come up and dig into the upper pan.

The dimensions given make a refrigerator of convenient size for household use and one with efficient evaporating surface, but it is not necessary to follow strictly these dimensions. If a larger capacity is desired the height of the refrigerator can be increased.

### JOE REARDON OF MADILL WAS INJURED IN AUTO WRECK

Joe Reardon, well known resident of Madill, while driving into Denison on the Sherman road last Saturday, struck a farm wagon, resulting in his car being thrown down an embankment and his being severely though not fatally injured. Two ribs were broken and he was considerably bruised about the face.

"Steel" has been referred to in the market as either a prince or a pauper. As represented by Chas. M. Schwab just now it is neither. It is a toller for world-dominion Washington Evening Star

The Outline That Does Not Affect the Head  
Because of its tonic and laxative effect, LAXATIVE BROMO QUININE is better than ordinary Quinine and does not cause nervousness or ringing in head. Remember the full name and look for the signature of E. W. GROVE, Sc.

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